

FARM TO EVERYTHING!

A Monthly Newsletter from the NJDA Farm to School Team

September 2017 Volume 5

Celebrate Jersey Fresh Farm to School Week!

Start planning now for our annual celebration of New Jersey agriculture, known as *Jersey Fresh Farm to School Week*, which takes place the last full week of September.

From Monday, September 25th until Friday, September 29th, schools across New Jersey will be eating locally produced foods, hosting garden events, connecting classroom curriculum to what's available at the farm stand and honoring New Jersey's agricultural past and present.

The Department of Agriculture will be visiting schools who are participating in activities and will share stories on our social media links. Share with us what your school is doing and check out the Jersey Fresh Produce of the Week Report here to see what's in season right now. This celebration grows every year, creating life-long appreciation for the bounty that is Jersey Fresh. Our resources below make it easy to connect the school garden, the classroom and the cafeteria.

Inside this issue:

arm to School Week	1
lersey Tastes!	1
arm to School	2
arm to Summer	2
arm to Preschool	2
Share Your Story	2
Follow Lle	-

Jersey Tastes! Kick-off: September 26

On Tuesday, September 26th, during *Jersey Fresh Farm to School Week*, we want everyone in New Jersey to be eating a tomato to kick off our monthly celebration of some of our state's most famous crops. Join us for our own harvest celebration called *Jersey Tastes!* and get your students eating a tomato!

What better crop to highlight than the New Jersey tomato? From traditional, slicing beefsteak tomatoes, to sweet, pop-in-yourmouth cherry tomatoes, to heirloom varieties from long ago, New Jersey grows AMAZING tomatoes.

Click <u>here</u> for a downloadable flyer and links to classroom curriculum on page 2 and 3.



Growing, Cooking, Serving



FARM TO SCHOOL:

Are you trying to find tomatoes for the September 26th *Jersey Tastes!* celebration? Check out our <u>procurement link</u> to find your source.

Looking for educational materials about tomatoes? Click here for a two-sided, downloadable flyer to share

with students about tomatoes. Did you know that tomatoes can be red, yellow, orange, green, purple and even black and white?





FARM TO SUMMER:

The Summer Food Service Program season is now over and students are back in school.

Thank you to all of the sites that shared information with us this summer about Farm to Summer activities.

We look forward to recapping this year and planning ahead for the 2018 SFSP season.

Planning ahead for next year?

Check out the <u>USDA Farm to</u>

<u>Summer fact sheet.</u>



FARM TO PRESCHOOL:

CACFP is the perfect place to reach our youngest students and teach them to appreciate fresh fruits and vegetables. The USDA Farm to Preschool fact sheet will help you find ways to incorporate lessons and procure products that meet this demand. Use these items for taste tests to introduce new foods in meals and snacks.



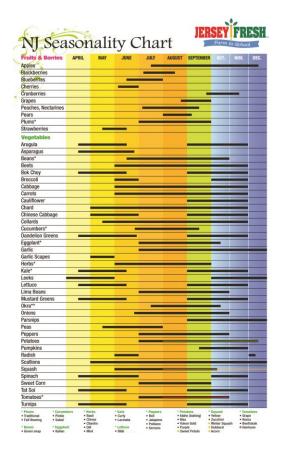
We want to hear from you!

Tell us what you're doing this month for *Jersey Fresh Farm to School Week* and *Jersey Tastes!* Send an email to newjerseyf2s@ag.state.nj.us or call us at 609-292-8747 so we can highlight your events featuring local procurement, gardens and nutrition education with local produce on social media.

Follow Us!



Click the seasonality chart to see what grows in the Garden State!





NJ Department of Agriculture Division of Food & Nutrition Farm to School Program

> P.O. Box 334 Trenton, NJ 08625 **Phone:** 609.292.8747

farmtoschool.nj.gov